



## RIDE SAFELY

### A Helpsheet on Body Protectors

**We have summarised here some general advice on body protectors and further information is also available on the relevant safety pages at [www.beta-uk.org](http://www.beta-uk.org).**

**In addition, if you have any queries regarding standards, makes, models or fitting of body protectors and wish to discuss them, please feel free to call Rosemary on 01726 81315 .**

There are 3 levels of protection in the UK as follows:

#### LEVEL 1 BLACK LABEL

Provides the lowest level of protection only considered suitable for licensed Jockeys

#### LEVEL 2 BROWN LABEL

Provides a level of protection considered appropriate for low risk situations these DO NOT include riding on roads or hard surfaces, jumping riding young or excitable horses or for in experienced riders

#### LEVEL 3 PURPLE LABEL

These provide a level of protection considered suitable for normal horse riding and will help to prevent bruising, soft tissue injuries and limit rib damage.

As with riding hats ensure your body protector is correctly fitted for you by a qualified saddler

**NO BODY PROTECTOR CAN PREVENT SERIOUS INJURY IN CERTAIN ACCIDENTS**

**IS IT WORTH TAKING UNNECESSARY RISKS?**

